



Name _____ Phone _____

Address _____ Date _____

Completed by: _____

(please write or type in specific type, brand or approx. weight requested in the space provided next to each category).

Meat / Quantity or Weight
<input type="checkbox"/> Bacon / Sausage
<input type="checkbox"/> Beef
<input type="checkbox"/> Chicken
<input type="checkbox"/> Ground beef / Turkey
<input type="checkbox"/> Ham / Pork
<input type="checkbox"/> Hot dogs
<input type="checkbox"/> Lunchmeat
<input type="checkbox"/> Turkey
<input type="checkbox"/> Other

Seafood / Quantity or Weight
<input type="checkbox"/> Catfish
<input type="checkbox"/> Crab
<input type="checkbox"/> Lobster
<input type="checkbox"/> Mussels
<input type="checkbox"/> Oysters
<input type="checkbox"/> Salmon
<input type="checkbox"/> Shrimp
<input type="checkbox"/> Tilapia
<input type="checkbox"/> Tuna
<input type="checkbox"/> Other

Cheese / Weight
<input type="checkbox"/> Bleu cheese
<input type="checkbox"/> Cheddar
<input type="checkbox"/> Cottage cheese
<input type="checkbox"/> Cream cheese
<input type="checkbox"/> Feta
<input type="checkbox"/> Goat cheese
<input type="checkbox"/> Mozzarella
<input type="checkbox"/> Parmesan
<input type="checkbox"/> Provolone
<input type="checkbox"/> Ricotta
<input type="checkbox"/> Sandwich slices
<input type="checkbox"/> Swiss
<input type="checkbox"/> Other

Fresh Fruits / Quantity or Weight
<input type="checkbox"/> Apples
<input type="checkbox"/> Avocados
<input type="checkbox"/> Bananas
<input type="checkbox"/> Berries
<input type="checkbox"/> Cherries
<input type="checkbox"/> Grapefruit
<input type="checkbox"/> Grapes
<input type="checkbox"/> Kiwis
<input type="checkbox"/> Lemons / Limes
<input type="checkbox"/> Melon
<input type="checkbox"/> Nectarines
<input type="checkbox"/> Oranges
<input type="checkbox"/> Peaches
<input type="checkbox"/> Pears
<input type="checkbox"/> Plums
<input type="checkbox"/> Other
<input type="checkbox"/> Other

Fresh Vegetables
<input type="checkbox"/> Asparagus
<input type="checkbox"/> Broccoli
<input type="checkbox"/> Carrots
<input type="checkbox"/> Cauliflower
<input type="checkbox"/> Celery
<input type="checkbox"/> Corn
<input type="checkbox"/> Cucumbers
<input type="checkbox"/> Lettuce / Greens
<input type="checkbox"/> Mushrooms
<input type="checkbox"/> Onions
<input type="checkbox"/> Peppers
<input type="checkbox"/> Potatoes
<input type="checkbox"/> Spinach
<input type="checkbox"/> Squash
<input type="checkbox"/> Zucchini
<input type="checkbox"/> Tomatoes
<input type="checkbox"/> Other

Dairy	
<input type="checkbox"/> Butter / Margarine	<input type="checkbox"/> Sour cream
<input type="checkbox"/> Creamer	<input type="checkbox"/> Whipped cream
<input type="checkbox"/> Half & half	<input type="checkbox"/> Yogurt
<input type="checkbox"/> Milk	<input type="checkbox"/> Other

EMAIL TO:
dgatti@gulfgetawayguardians.com

Refrigerated Items
<input type="checkbox"/> Bagels
<input type="checkbox"/> Chip dip
<input type="checkbox"/> Eggs
<input type="checkbox"/> Egg Substitute
<input type="checkbox"/> Fruit juice
<input type="checkbox"/> Hummus
<input type="checkbox"/> Ready-bake breads
<input type="checkbox"/> Tofu
<input type="checkbox"/> Tortillas
<input type="checkbox"/> English muffins
<input type="checkbox"/> Other

Various Groceries
<input type="checkbox"/> Bouillon cubes
<input type="checkbox"/> Cereal
<input type="checkbox"/> Coffee / Filters
<input type="checkbox"/> Instant potatoes
<input type="checkbox"/> Lemon / Lime juice
<input type="checkbox"/> Mac & cheese
<input type="checkbox"/> Olive oil
<input type="checkbox"/> Packaged meals
<input type="checkbox"/> Pancake / Waffle mix
<input type="checkbox"/> Pasta
<input type="checkbox"/> Peanut butter
<input type="checkbox"/> Pickles
<input type="checkbox"/> Rice
<input type="checkbox"/> Tea
<input type="checkbox"/> Vegetable oil
<input type="checkbox"/> Vinegar
<input type="checkbox"/> Other

Canned Foods
<input type="checkbox"/> Applesauce
<input type="checkbox"/> Baked beans
<input type="checkbox"/> Broth
<input type="checkbox"/> Fruit
<input type="checkbox"/> Olives
<input type="checkbox"/> Tinned meats
<input type="checkbox"/> Tuna Chicken
<input type="checkbox"/> Soup Chili
<input type="checkbox"/> Tomatoes
<input type="checkbox"/> Veggies
<input type="checkbox"/> Other
<input type="checkbox"/> Other

Frozen
<input type="checkbox"/> Breakfasts
<input type="checkbox"/> Burritos
<input type="checkbox"/> Fish sticks
<input type="checkbox"/> Fries / Tater tots
<input type="checkbox"/> Ice cream / Sorbet
<input type="checkbox"/> Juice concentrate
<input type="checkbox"/> Pizza
<input type="checkbox"/> Pizza Rolls
<input type="checkbox"/> Popsicles
<input type="checkbox"/> TV dinners
<input type="checkbox"/> Vegetables
<input type="checkbox"/> Other
<input type="checkbox"/> Other

Condiments / Sauces
<input type="checkbox"/> BBQ sauce
<input type="checkbox"/> Gravy
<input type="checkbox"/> Honey
<input type="checkbox"/> Hot sauce
<input type="checkbox"/> Jam / Jelly / Preserves
<input type="checkbox"/> Ketchup Mustard
<input type="checkbox"/> Mayonnaise
<input type="checkbox"/> Pasta sauce
<input type="checkbox"/> Relish
<input type="checkbox"/> Salad dressing
<input type="checkbox"/> Salsa
<input type="checkbox"/> Soy sauce
<input type="checkbox"/> Steak sauce
<input type="checkbox"/> Syrup
<input type="checkbox"/> Worcestershire sauce
<input type="checkbox"/> Other
<input type="checkbox"/> Other

Themed Meals
<input type="checkbox"/> Burger night
<input type="checkbox"/> Chili night
<input type="checkbox"/> Pizza night
<input type="checkbox"/> Spaghetti night
<input type="checkbox"/> Taco night
<input type="checkbox"/> Take-out deli food
<input type="checkbox"/> Other
<input type="checkbox"/> Other

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Baked Goods
<input type="checkbox"/> Bagels / Croissants
<input type="checkbox"/> Buns / Rolls
<input type="checkbox"/> Cake / Cookies
<input type="checkbox"/> Donuts / Pastries
<input type="checkbox"/> Fresh bread
<input type="checkbox"/> Pie
<input type="checkbox"/> Pita bread
<input type="checkbox"/> Sliced bread
<input type="checkbox"/> Other

Baking
<input type="checkbox"/> Baking powder / Soda
<input type="checkbox"/> Bread crumbs
<input type="checkbox"/> Cake / Brownie mix
<input type="checkbox"/> Cake icing / Decorations
<input type="checkbox"/> Chocolate chips / Cocoa
<input type="checkbox"/> Flour
<input type="checkbox"/> Shortening
<input type="checkbox"/> Sugar
<input type="checkbox"/> Sugar substitute
<input type="checkbox"/> Yeast
<input type="checkbox"/> Other

Baby Stuff
<input type="checkbox"/> Baby food
<input type="checkbox"/> Diapers
<input type="checkbox"/> Formula
<input type="checkbox"/> Lotion
<input type="checkbox"/> Baby wash
<input type="checkbox"/> Wipes
<input type="checkbox"/> Other

Snacks
<input type="checkbox"/> Candy / Gum
<input type="checkbox"/> Cookies
<input type="checkbox"/> Crackers
<input type="checkbox"/> Dried fruit
<input type="checkbox"/> Granola bars / Mix
<input type="checkbox"/> Nuts / Seeds
<input type="checkbox"/> Oatmeal
<input type="checkbox"/> Popcorn
<input type="checkbox"/> Potato / Corn chips
<input type="checkbox"/> Pretzels
<input type="checkbox"/> Other

Spices & Herbs
<input type="checkbox"/> Basil
<input type="checkbox"/> Black pepper
<input type="checkbox"/> Cilantro
<input type="checkbox"/> Cinnamon
<input type="checkbox"/> Garlic
<input type="checkbox"/> Ginger
<input type="checkbox"/> Mint
<input type="checkbox"/> Oregano
<input type="checkbox"/> Paprika
<input type="checkbox"/> Parsley
<input type="checkbox"/> Red pepper
<input type="checkbox"/> Salt
<input type="checkbox"/> Vanilla extract
<input type="checkbox"/> Other

Beverages
<input type="checkbox"/> Beer
<input type="checkbox"/> Club soda / Tonic
<input type="checkbox"/> Champagne
<input type="checkbox"/> Gin
<input type="checkbox"/> Juice
<input type="checkbox"/> Mixers
<input type="checkbox"/> Red wine
<input type="checkbox"/> White wine
<input type="checkbox"/> Saké
<input type="checkbox"/> Soft drinks
<input type="checkbox"/> Sports drink
<input type="checkbox"/> Whiskey
<input type="checkbox"/> Vodka
<input type="checkbox"/> Rum
<input type="checkbox"/> Other
<input type="checkbox"/> Other

Kitchen
<input type="checkbox"/> Aluminum foil
<input type="checkbox"/> Napkins
<input type="checkbox"/> Non-stick spray
<input type="checkbox"/> Paper towels
<input type="checkbox"/> Plastic wrap
<input type="checkbox"/> Sandwich / Freezer bags
<input type="checkbox"/> Wax paper
<input type="checkbox"/> Other
<input type="checkbox"/> Other

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Personal Care
<input type="checkbox"/> Antiperspirant / Deodorant
<input type="checkbox"/> Bath soap / Hand soap
<input type="checkbox"/> Condoms / Other b.c.
<input type="checkbox"/> Cosmetics
<input type="checkbox"/> Cotton swabs / Balls
<input type="checkbox"/> Facial cleanser
<input type="checkbox"/> Facial tissue
<input type="checkbox"/> Feminine products
<input type="checkbox"/> Floss
<input type="checkbox"/> Hair gel / Spray
<input type="checkbox"/> Lip balm
<input type="checkbox"/> Moisturizing lotion
<input type="checkbox"/> Mouthwash
<input type="checkbox"/> Razors / Shaving cream
<input type="checkbox"/> Shampoo Conditioner
<input type="checkbox"/> Sunblock
<input type="checkbox"/> Toilet paper
<input type="checkbox"/> Toothpaste
<input type="checkbox"/> Vitamins / Supplements
<input type="checkbox"/> Other

Other Stuff
<input type="checkbox"/> Automotive
<input type="checkbox"/> Batteries
<input type="checkbox"/> Charcoal / Propane
<input type="checkbox"/> Flowers Greeting card
<input type="checkbox"/> Insect repellent
<input type="checkbox"/> Light bulbs
<input type="checkbox"/> Newspaper / Magazine
<input type="checkbox"/> Other

Pets
<input type="checkbox"/> Cat food / Treats
<input type="checkbox"/> Cat litter
<input type="checkbox"/> Dog food / Treats
<input type="checkbox"/> Flea treatment
<input type="checkbox"/> Pet shampoo
<input type="checkbox"/> Other

Medicine
<input type="checkbox"/> Allergy
<input type="checkbox"/> Antibiotic
<input type="checkbox"/> Antidiarrheal
<input type="checkbox"/> Aspirin
<input type="checkbox"/> Antacid
<input type="checkbox"/> Band-aids
<input type="checkbox"/> Cold / Flu / Sinus
<input type="checkbox"/> Pain reliever
<input type="checkbox"/> Prescription pick-up Store Name: Address:
<input type="checkbox"/> Other

Office Supplies
<input type="checkbox"/> CDRs / DVDRs
<input type="checkbox"/> Notepad Envelopes
<input type="checkbox"/> Glue / Tape
<input type="checkbox"/> Printer paper
<input type="checkbox"/> Pens Pencils
<input type="checkbox"/> Postage stamps
<input type="checkbox"/> Other
<input type="checkbox"/> Other

Carcinogens
<input type="checkbox"/> Cigars
<input type="checkbox"/> Cigarettes
<input type="checkbox"/> Other
<input type="checkbox"/> Other
<input type="checkbox"/> Other

Cleaning Products
<input type="checkbox"/> Air freshener
<input type="checkbox"/> Bathroom cleaner
<input type="checkbox"/> Bleach / Detergent
<input type="checkbox"/> Dish / Dishwasher soap
<input type="checkbox"/> Garbage bags
<input type="checkbox"/> Glass cleaner
<input type="checkbox"/> Mop head Vacuum bags
<input type="checkbox"/> Sponges / Scrubbers
<input type="checkbox"/> Other

NOTES:

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